

The Very Able Quadriplegic in 140C



*"I'm a bedridden quadriplegic.
Would I rather have not been a bedridden
quadriplegic? That's a quandary to which
there could be no response. I know I'd
rather be me ... and I certainly have MS."
Alain Paradis*

Alain Paradis is currently a resident in Room 140, Bed C at
Hallowell House, Picton, Ontario, but his mind is not confined
to his bed ... nor is his sense of humour.

In his warm and funny autobiography, Paradis will have
readers both hooting out loud and crying as he tells candid
stories about living with Multiple Sclerosis, about his two battles
with cancer and the other health challenges that he meets with
unfailing humanity, laughter and quiet courage.

General readers and healthcare professionals will gain insight
about the lives and the coping skills of physically challenged and
critically ill people. They will share Paradis' frustration over
bogus parking tickets and insurance scams and applaud when
they read about the day he got mad and threw a rock through
two bank doors – before going to prison.

This an inspiring story, not to be missed!

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by Alain Luc Paradis

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